

ACTIONS TO THE DANCING SONG 'IT'S A HAPPY DAY'

It's a hap. hap. hap. hap. happy day! Bending down low, turn to the right side of your body and pick up an imaginary sun with both hands. Lift up the sun from the right side till it's right over the head (like from a sunrise to midday position) hold it over the body till the word 'day' is given. Next, kids bring down both hands to each side of the body ready to do a little dance.

I'm gonna do a little dance cause I feel okay... Children then move arms, legs, and body, dancing however they choose then stop after the word 'okay'

With love in my heart... children bring both hands together, they lift them towards the heart (one hand over the other) place them over their heart, like giving themselves a heart hug

And a smile on my face.. from the heart, bring both hands up palms pointing outwardly on each side of the face so as to show everyone their lovely face with a great big smile

I'm gonna share my lovin magic all over the place... after the word face, children raise hands up over the head and wave both hands and arms from left side of the body to the right side of the body, sharing the beautiful love that they are with the world. (You can always twinkle fingers with the waves if desired)

Each stanza kids bring up the sunshine like before. Only these actions differ throughout the song:

Wiggle my hips... wiggle hips to the beat

Nod my head... nod head as if saying 'yes' to the beat

Tap my feet... tap one foot to beat